

FOUR-YEAR ACADEMIC FRAMEWORK

FRESHMAN	Credits	SOPHOMORE	Credits	JUNIOR	Credits	SENIOR	Credits
English 1	1	English 2	1	English 3	1	English 4	1
U.S. History 1 (Beginning with class of 2020)	1	U.S. History 2 (Beginning with class of 2020)	1	World Civilizations/ History & Cultures (Beginning with class of 2020)	1	<i>(Social Studies or other elective)</i>	<i>(1)</i>
World Civilizations/ History & Cultures	1	U.S. History 1	1	U.S. History 2	1		
Mathematics	1	Mathematics	1	Mathematics	1	<i>(Math or other elective)</i>	<i>(1)</i>
Science	1	Science	1	Science	1	<i>(Science or other elective)</i>	<i>(1)</i>
World Language ¹	1	<i>(World Language or other elective)¹</i>	<i>(1)</i>	<i>(World Language or other elective)¹</i>	<i>(1)</i>	<i>(World Language or other elective)¹</i>	<i>(1)</i>
Related Arts (Visual & Performing Arts OR 21st Century Life & Careers or Career- Technical Ed.)²	1	Related Arts (Visual & Performing Arts OR 21st Century Life & Careers or Career- Technical Ed.)²	1	<i>(V&PA, 21CL&C/C-TE or other elective)</i>	<i>(1)</i>	<i>(V&PA, 21CL&C/C-TE or other elective)</i>	<i>(1)</i>
Freshman Health & Physical Education³	1	Driver Education & Physical Education³	1	Junior Health & Physical Education³	1	Senior Health & Physical Education³	1
<i>(additional elective)</i>	<i>(1)</i>	<i>(additional elective)</i>	<i>(1)</i>	<i>(additional elective)</i>	<i>(1)</i>	<i>(additional elective)</i>	<i>(1)</i>
							

New Jersey Department of Education (NJDOE) requires 24 credits for graduation. Graduation requirements are **bolded**. Courses beyond NJDOE minimum requirements are *italicized*. Most Northern Valley Regional High School (NVRHS) students earn credits beyond the minimum required.

NVRHS students must take a minimum of seven credits each year. Students are strongly encouraged to consider taking eight credits each year where appropriate and when considered in the context of the individual student schedule, goals, interests, commitments and responsibilities.

¹ Students may defer World Language until 10th grade if no elective can be scheduled. College-bound students are **strongly** encouraged to complete two or more sequential years in the same language. Competitive colleges generally expect more than two years of World Language.

² Over four years, one Related Arts course must fulfill “Visual & Performing Arts” standards and one must fulfill “21st Century Life & Careers or Career-Technical Ed.” standards. Students may take two Related Arts courses in 9th grade - these may be in the same subject area if desired. Some colleges (such as California state schools) have specific ‘Fine & Performing Arts’ requirements. Consult individual colleges for clarification.

³ NJDOE requires Physical Education/Health/Driver Education enrollment for each year enrolled in a NJ public school.

⁴ Students may fulfill this PFL requirement anytime over the four years through approved courses, including approved summer school.